

COULD YOUR AMYLOIDOSIS BE AFFECTING MORE THAN YOUR HEART?

You should be aware of these other possible symptoms

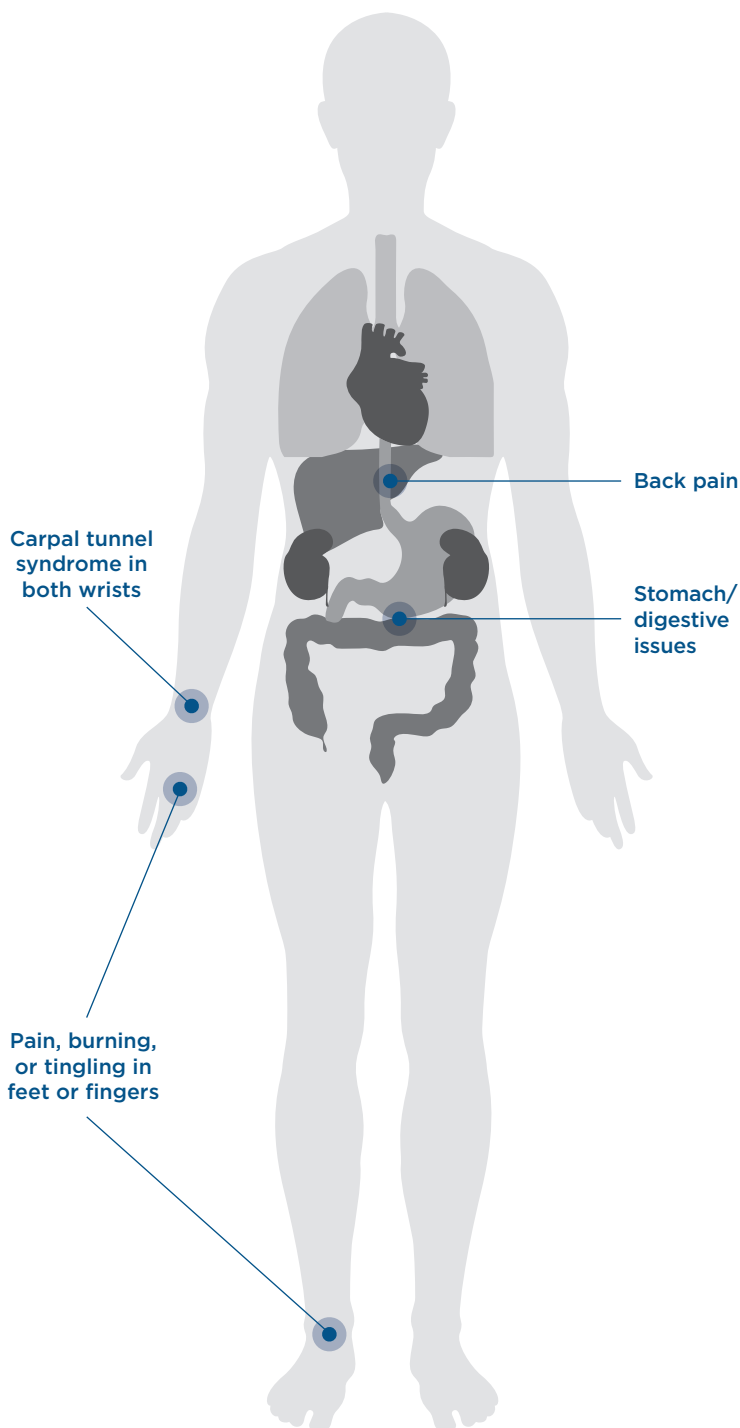
Some types of amyloidosis that cause heart problems can also cause problems in nerves (a problem called polyneuropathy).¹ These forms of amyloidosis can cause the symptoms listed below.

Review the list and check off any symptoms you have.

- Pain, burning, or tingling in your feet or fingers
- Gastrointestinal or stomach issues, for example nausea, diarrhea, constipation
- Back pain
- Numbness and tingling in both wrists, also known as carpal tunnel syndrome
- Dizziness or feeling like passing out when standing up
- Needing to use a cane or a walker

Use the space below to keep note of new or worsening symptoms. Remember to bring this form back to your next appointment to discuss with your doctor.

If you have a family member diagnosed with hereditary ATTR amyloidosis, use this space to write down how they may have been affected by these symptoms.



Talk to your doctor!

Hereditary transthyretin amyloidosis (sometimes called hATTR or hereditary ATTR) is a type of amyloidosis that can cause heart problems. In many patients, this type of amyloidosis can also cause polyneuropathy. If you have hereditary ATTR amyloidosis and any of the symptoms above, it's important you let your doctor know, as these polyneuropathy symptoms may get worse, and there are treatments available.

Visit www.hATTRChangeTheCourse.com for more information on hATTR amyloidosis with polyneuropathy.

Reference 1. Adams D, Ando Y, Berão JM, et al. Expert consensus recommendations to improve diagnosis of ATTR amyloidosis with polyneuropathy. *J Neurol*. 2020 Jan 6. doi: 10.1007/s00415-019-09688-0. [Epub ahead of print]